

Pathways to a career in aged care



## Step into a career where compassion meets purpose.

Aged care supports older<sup>1</sup> Australians with daily living, health and wellbeing. Depending on individual needs, care can be delivered at home, in the community or in residential settings.

Services range from personal care, transport and meal preparation to physiotherapy, home modifications and social connection.

In home aged care or community-based care provides support to help people stay independent for as long as possible.

Residential care is available for those who can no longer live at home. It can be short-term or permanent.

Aged care is funded by the Australian Government and delivered by public and private providers. Career paths include care navigation, assessment, care coordination, care team coordination, geriatric mental health, practice improvement lead and specialised direct care.

## Why choose a career in aged care?



**Diverse pathways** from care and support roles to leadership.



**In-demand skills** to get job-ready with supported practical training.



Make a difference to support older Australians every day.



A growing industry as aged care is one of Australia's most in-demand sectors.



Long-term employment prospects in a sector that needs skilled workers.





## Clare Johnston

Statewide Program Manager, Lifeline Tasmania

Clare's journey in the care and support sector began after her grandmother moved into an aged care facility. Seeing the amount of support her grandmother needed, she instinctively stepped in to help.

This personal experience led her to pursue a Certificate III in Individual Support (Aged Care and Home and Community Care) traineeship, launching her into a career that has spanned direct care, rostering, service delivery and business development.

Clare's passion for her work is reinforced every day by witnessing the positive impact she makes. She said, "There's something good about being the light in someone's day... you can see the difference you make."

Now a program manager, Clare's career is a shining example of the opportunities and career pathways available in aged care for those wanting to learn and grow in the sector. She believes her constant pursuit of knowledge and relationship-building skills have been vital to her career success.



Helped to care for her grandmother



Completed Cert III in Individual Support and traineeship



Worked as a Support Worker



Promoted to facility rostering position



Promoted to Service Delivery Manager



Transitioned into business development grants



Now working as a Program Manager



Aiming for senior management through further study